

TEAM FITNESS & WELLNESS CHALLENGE 2018 REGISTRATION FORM

Name _____

Phone _____

Date of birth ____ / ____ / ____

Gender Male Female

Email _____

Names of team members _____

T-Shirt Size

- NO SHIRT (Take \$5 off registration)
- Small 2X
- Medium 3X
- Large _____
- XL

Office use only

Team _____

Payment type Cash Check # _____ Visa/MC

Payment received by _____ Date _____ Shirt _____

Photo Description _____

Beginning: Waist _____ Hips _____ Ending: Waist _____ Hips _____

01/08 _____ 01/30 _____ 02/20 _____ 03/13 _____

01/16 _____ 02/06 _____ 02/27 _____ **03/20** _____

01/23 _____ 02/13 _____ 03/06 _____

TEAM FITNESS & WELLNESS CHALLENGE 2018
RELEASE OF LIABILITY WAIVER

In consideration of the acceptance of this Team Fitness & Wellness Challenge 2018 (TFWC 2018) REGISTRATION FORM,

- 1) I hereby waive any and all claims for myself and my heirs against officials, hosts, sponsors, venues, or those acting on behalf of the TFWC 2018 (including but not limited to Rehabilitation Services of Tifton and Tifton Fitness & Wellness Center) for any injury, illness, damage, or death, including those caused by negligent acts or omissions, that may directly or indirectly result from my participation in the TFWC 2018 weight loss competition, and/or activities and programs of Tifton Fitness & Wellness Center (TF&WC) and the use of the equipment or machinery of TF&WC.

- 2) I understand that fitness activities involve a risk of injury and even death, and I am voluntarily participating. I attest that I am in such physical condition that I am able to participate in the TFWC 2018 weight loss competition, and/or activities and programs of TF&WC and use the equipment or machinery of TF&WC.

- 3) I acknowledge that I have either had a physical examination and have been given a physician's permission to participate or that I have decided to participate without the approval of my physician and do herby assume all responsibility associated with such participation in the TFWC 2018 weight loss competition, and/or activities and programs of TF&WC and use the equipment or machinery of TF&WC.

SIGNATURE of Competitor

Date